

Basic Emergency Vehicle Operators Course

High Speed Driving


## High Speed Driving

— Objectives:
$\square$ By the end of this module, students will be able to:
$\square$ Be able to understand the physics involved with High Speed Driving
$\square$ Be able to identify a properly \& improperly banked road
$\square$ Be able to properly select the safest path of travel thru a curve
$\square$ Understand how to negotiate a curve at High Speed


## High Speed Driving

- Guidelines:
$\square$ Some emergencies may require high speed EV operation
$\square$ Operation at speeds over the posted limit requires a high degree of skill and sound judgment.
$\square$ This requires an additional higher level of training
$\square$ Provide the knowledge and techniques for:
$\square$ Driving on a curved or winding road at a safe speed
$\square$ Pursuit Driving will be covered under the POLICE Module



## High Speed Driving

— Primary Rules:
— Don't drive faster then your abilities
$\square$ Observe posted speed limits and allow for conditions which make lower speeds necessary
[ Don't let the siren control your right foot
— Avoid BRAKE FADE
$\square$ Slowing down from a High Speed


## High Speed Driving

— Curves \& Limits Imposed by the Laws of Physics:
$\square$ The tighter the curve the slower the EV must go.
$\square$ It is the operators job to control speed.
$\square$ If the speed in a curve is too great
$\square$ PHYSICS WILL WIN!



## High Speed Driving

— Curves \& The Basic Laws of Physics:
$\square$ In turns centrifugal force quadruples as speed doubles
$\square$ When the centrifugal force is high enough the vehicle cannot follow the curve on it's intended path.
$\square$ For every curve there is a maximum speed for successfully negotiating the turn.



## High Speed Driving

$\square$ Factors EV Operators Must Be Aware of When Dealing With Curves:
$\square$ Local Road Familiarity
— Banked Curves
$\square$ Decreased Radius Curves
$\square$ Curves that crest hills or lead to an intersection



## High Speed Driving

$\square$ Banked Curves
$\square$ The road should slant down towards the inside of the curve
$\square$ Improperly banked curves
$\square$ Older roads



## High Speed Driving

— Things EV Operators Should Consider

- The Road Surface
$\square$ Is it narrow
$\square$ Cracks / Ruts / Potholes
$\square$ Soft Shoulders
$\square$ Change in traction
$\square$ Curve Speed
$\square$ Complete braking before entering the curve
$\square$ Look for skid marks as an indicator of curve radius



## High Speed Driving

— Techniques for negotiating curves at high speed — Three Key Points
$\square$ Entry Speed \& Vehicle Position
$\square$ Speed through the curve
— Exit Speed \& Vehicle Position

## High Speed Driving

— Entry Speed \& Vehicle Position
$\square$ Brake or decelerate to the proper entry speed before entering the curve.
$\square$ The proper speed is different for every curve
$\square$ Enter the curve as far to the outside of your lane as possible
$\square$ Entering on the outside of the curve effectively increases the radius of the track for the $E V$.

$\square$ The greater the radius, the safer the EV can take the curve.


## High Speed Driving

— Entry Speed \& Vehicle Position
$\square$ Begin the turn as early as possible
— Inexperienced drivers invariably go "too deep" into a curve before starting to corner the vehicle.
$\square$ Establish an apex (when beginning the turn) at the last part of inside road edge (or centerline) that can be seen from the entry point.
$\square$ The apex is the point on the inside of the curve
 where the vehicle comes closest to the road edge or centerline


## High Speed Driving

— Entry Speed \& Vehicle Position
$\square$ The assumed speed and the radius of the vehicle track for both vehicles (A \& B) are identical.
$\square$ Vehicle "A" has started entry early and on the high side.



## High Speed Driving

— Entry Speed \& Vehicle Position
$\square$ The apex for vehicle " $A$ " is further along the curve than the apex for vehicle "B".
$\square$ Vehicle " $B$ " is going to have a serious crash



## High Speed Driving

— Speed Through the Curve (In the Curve)
$\square$ The EV should be in the groove by the time the apex is reached
$\square$ The $E V$ suspension is set for cornering in a constant radius


## High Speed Driving

$\square$ Speed Through the Curve (In the Curve)
$\square$ The EV is close to the inside edge of the curve
$\square$ Once in the groove, apply slight power in the curve to maintain speed.



## High Speed Driving

$\square \quad$ Speed Through the Curve (In the Curve)
— Apply steady acceleration carefully

- Too much power at the drive wheels can result in loss of steering control, or cause the rear wheels to spin and lose traction



## High Speed Driving

— Speed Through the Curve (In the Curve)
$\square$ Never try to gain speed beyond the established maximum safe speed for the curve
$\square$ For most combinations of vehicle characteristics, road conditions, radius of curves, and speed; an increase of just three miles per hour over the safe speed can cause complete loss of control.



## High Speed Driving

— Exit Speed \& Vehicle Position
$\square$ Establish the widest position or larger radius
$\square$ Accelerate out of the curve after the apex has been reached
$\square$ Proper exit from a curve to a straight road is where good drivers gain time.



## High Speed Driving

— Exit Speed \& Vehicle Position to Another Curve
$\square$ Establish an apex for the next curve
$\square$ Start the process over again
$\square$ If the radius for the next part of the curve is tighter, the operator must slow down before tightening the EV's turning radius
$\square$ If possible, let the scrubbing action of the tires do the
 slowing. Avoid hard braking if at all possible


## High Speed Driving

## ] Slowing from High Speeds

$\square$ Braking distance increases dramatically with increased speed
$\square$ When speed is doubled braking distance quadruples.


## High Speed Driving

## — Slowing from High Speeds

$\square$ Techniques for slowing from high speed:
$\square$ Do not ride the brakes - brakes are mechanical devices and should not be abused
$\square$ The laws of physics apply always, particularly the generation of heat in reducing speed, at the brake rotor.
— Overdo it and the physics will make the EV's brakes useless
$\square$ Be particularly cautious of long downhill grades
$\square$ If possible use a lower gear instead of the brakes


## High Speed Driving

## — Stopping from High Speeds

$\square$ Techniques for stopping high speed:
$\square$ Braking systems are different, know the type braking system you vehicle is equipped with.
$\square$ You never want to lock the wheels.
$\square$ Stopping distance may be increased with locked wheels
$\square$ Directional control may be lost.
$\square$ Beads of rubber may build up under the wheels causing loss of traction.


## High Speed Driving

— Stopping from High Speeds
$\square$ Techniques for stopping high speed:
$\square$ Use only the right foot for braking
$\square$ When a stop is imminent. "cover" the brake with the right foot (toes only)
— Don't risk brake fade by riding the brake
$\square$ Always use a smooth braking motion
— Use "threshold" braking

$\square$ Keep pressure on until the desired reduced speed is reached


## High Speed Driving

- Agency Particularities:
- Police
$\square$ Fire
$\square$ EMS



## High Speed Driving

- Agency Particularities:
$\square$ Police
$\square$ Code Response
$\square$ Traffic violators (RADAR)
$\square$ Pursuit




## High Speed Driving

— Agency Particularities:
[ Fire
Large, heavy fire apparatus are especially difficult to control at high speed.



## High Speed Driving

— Agency Particularities:

## $\square$ EMS

$\square$ An ambulance/rescue vehicle with a patient aboard should never travel over the posted limit



## High Speed Driving

— Summary
$\square$ The EV operator should always attempt to drive in a manner which will not require the use of collision avoidance maneuvers. However under response conditions that involve speeds above the posted limit, the potential for collision avoidance maneuvers increases.


## - REVIEW QUESTIONS

1) When stopping from high speeds an EV diver/operator should never do what with the brakes?
2) When should you begin to accelerate when heading out of a curve?
3) What are three key points for negotiating a curve at high speed?
4) When your speed doubles your braking distance does what?
5) What should your entrance position be in the beginning of the curve?

